



2025 SOCCER MINDSET TRAINING CAMP

July 21 – 25, 2025
9:30 a.m. – 4:30 p.m.

Dominican University of California

For rising 9th-12th grade soccer players (all genders welcome)

Featuring

Soccer training, games and sport specific instruction & mental performance presentations and sessions by the Applied Sport and Performance Psychology (ASPP) graduate students

- Build confidence
- Perform under pressure
- Regulate emotions
- Enhance focus



Register

Scan QR code
above or visit
[dominican.edu/
soccer-mindset](https://dominican.edu/soccer-mindset)

Cost

\$125
full week (lunch
not included)

For more info

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